WINDOW ART
MAKE & TALK CRAFT

The Winston's Wish Make & Talk craft activities might be a good way for you to talk about your grief while doing something you like. When you choose the colours for your window art, think about what those colours mean to you and how they help you remember your person.

YOU WILL NEED

- GREASEPROOF OR BAKING PAPER (PREFERABLY WHITE SO MORE LIGHT CAN GET THROUGH!)
- COLOURED TISSUE PAPER
- PVA GLUE OR GLUE STICK
- SCISSORS (ASK A GROWN-UP FOR HELP)
- LOLLIPOP STICKS (OPTIONAL)
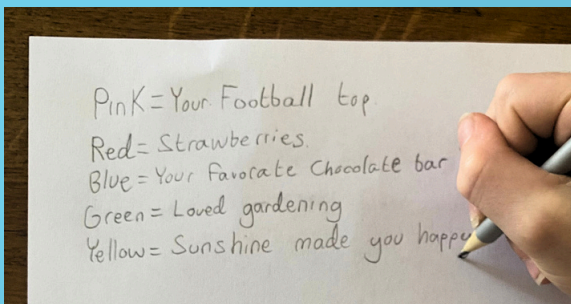- PAPER OR NOTEBOOK
- PENCIL

1

Start by cutting your greaseproof paper into the shape and size you want your window art to be, e.g., square, circle, heart shape. Remember, when using scissors, make sure you ask a grown-up to help you.

PinK = Your Football top
Red = Strawberries.
Blue = Your Favorate Chocolate bar
Green = Loved gardening
Yellow = Sunshine made you happy

2

If you have different colours of tissue paper, you can start to choose which ones you will use and why. Colours might be a way you can remember something about your important person, for example their hair colour, eye colour, favourite t-shirt, the colour of their car, or something they loved... like yellow sunshine or red strawberries. Take your time choosing these colours, this is a really important part of the activity.

Write a colour code list to remind yourself about the colours so you can look at it again.

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3

You can either rip the tissue paper into small pieces or ask a grown-up to help you cut it into shapes and small pieces. Now you can create your collage!

4

If you need to, ask a grown-up to help you use some glue to stick the tissue paper pieces to the greaseproof paper. You might decide to make shapes within your art, like a heart or smiley face, or you could create a mosaic collage.

5

Wait for all the bits of glue to dry – this might take a little bit of time – then you can tape your art to the window to let the sunlight shine through it!

6

If you have lollipop sticks, you could create a frame for the edge of your art.

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