

SNOWMAN STRIKE

MAKE & TALK CRAFT

YOU WILL NEED

- TOILET ROLL TUBES OR PIECES OF CARD
- A BALL
- PENS / PENCILS
- OPTIONAL: ANY OTHER ARTS AND CRAFT MATERIALS



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Take your toilet roll tubes or pieces of card (ask a grown-up if they can roll the card into tube shapes like a toilet roll tube and tape them together for you!) and paint, colour, or wrap them in white if they aren't already.

To play the game, you should try to make at least 3, but you can make as many as you'd like if you have lots of these materials lying around.



To decorate your snowman, you can colour or paint a snowman's face onto the tube. You can add any craft materials – be as creative as you'd like! You could add a paper scarf, cut out an orange carrot for a nose, or add pom poms to the top for a hat... make your snowmen all the same or different if you like!



After your snowmen have been decorated, you might like to add a score number to each one. You can do this by writing a number somewhere on the tube, for example: number 1 scores you 1 point, number 2 scores you 2 points, and so on. You could then play with the aim of trying to knock down the one with the highest points!



Line your snowmen up in a row, or make a shape, just like you might have seen skittles lined up if you've been to a bowling alley or played a similar game. Make sure you've got enough space to bowl a ball at them... Take your ball and have a go! See how many you can knock down!



You might like to play this game over winter with anyone who is visiting you, or you can compete with yourself and write down your high score each time you play!

Sometimes, making things and playing games can be a really good way to look after yourself and how you are feeling. Grief can be really difficult and bring up lots of different feelings like sadness, anger, jealousy, and more.

It's okay to take a break and play a game, paint, draw, or write in a notebook. You're allowed to have fun and smile even though your important person has died.

Find lots more activities on our website: winstonswish.org

