

This is a space for the child to share and express how they feel and what they would like adults to know. This can also be a space for adults working with the child to note any observations or interactions.

**This can be a creative conversation, using drawing, communication aids or anything else the child is familiar with.**

Date created:

Date for review:

Plan for:

Created with:

Your key contact(s):

### Who has died, or is dying?

A space to explore what the child may want to share, who is in their family and who supports them.



## What helps me:

A space to explore if there are key people, spaces, toys or things that help the child to feel better.



## What doesn't help me:

A space to explore if there is anything that makes things more difficult for the child, any spaces, activities or times of the day.



**I would also like to share:**

A space for the child to share and express anything else.



This plan has been designed and created by a group of bereaved children and young people with the hope of opening up the conversation around grief support in education.

