



This is a space for the child to share and express how they feel and what they would like adults to know. This can also be a space for adults working with the child to note any observations or interactions.

**This can be a creative conversation, using drawing, communication aids or anything else the child is familiar with.**

Date created:

Date for review:

Plan for:

Created with:

Your key contact(s):

**Who has died, or is dying?**

A space to explore what the child may want to share, who is in their family and who supports them.





**What helps me:**

A space to explore if there are key people, spaces, toys or things that help the child to feel better.



**What doesn't help me:**

A space to explore if there is anything that makes things more difficult for the child, any spaces, activities or times of the day.





**I would also like to share:**

A space for the child to share and express anything else.



This plan has been designed and created by a group of bereaved children and young people with the hope of opening up the conversation around grief support in education.



Support is immediately available on weekdays (excluding bank holidays) from 8am to 8pm  
08088 020 021 [ask@winstonswish.org](mailto:ask@winstonswish.org) [winstonswish.org](http://winstonswish.org)